



For Immediate Release

Malay Muslim Fathering Month 2024 offers bonding and meaningful interactions for families

Singapore, 27 August 2024 – The seventh edition of the Malay Muslim Fathering Month (Bulan Kebapaan), an initiative by Centre for Fathering (CFF) and Bapa Sepanjang Hayat (BSH), will kick off on 31 August 2024 with a series of exciting programmes for fathers and families that takes place between August to September.

This year's Malay Muslim Fathering Month, themed *Awareness*, encourages fathers to be aware of the important role they play in their children's lives and stay connected with them through meaningful conversations and active participation in their activities.

The annual Malay Muslim Fathering highlights the importance of an involved father to their children and encourages fathers to be present for their families. Through this year's initiative, CFF and BSH will reach over 3,500 fathers and family members. Mr Zhulkarnain Abdul Rahim, Member of Parliament for Chua Chu Kang GRC, will be the guest-of-honour.

"Today's Malay Muslim fathers increasingly recognise the importance of being present and spending quality time with their children. Many fathers are playing an active role in their children's life. Fathers who are present and intentional in their parenting, contribute to their children's short- to long-term well-being and development," said Dr Xander Ong, CEO, Centre for Fathering.

He added that the Malay Muslim Fathering Month offer these fathers a valuable opportunity to bond with their families as well as connect with the larger community so that they can support each other and grow together.

Each year, CFF honours fathers through the Celebrating Fathers during Father's Day in June. However, the Malay Muslim community is not able to join in the celebrations due to Ramadan and Hari Raya. As such, the Malay Muslim Fathering Month is held in September so that Malay Muslim fathers and their families can participate in family bonding activities after the busy Hari Raya period.

Month-Long Series of Activities

The key highlight of this year's Malay Muslim Fathering Month include Jamming With Dad – a competition where fathers and children team up to showcase their musical talent. Cultural medallion recipient and retired singer, Rahimah Rahim will be the guest judge for the competition.

Other highlights include Adventure With Dad – an activity for fathers to foster communication and deepen bonding with their children through adventure-learning on a rock wall, dark maze, and high elements, and Bapa Sepanjang Hayat Cup, a futsal tournament with 45 participating teams.

Families can also look forward to father-children bonding activities such as prawning and go-karting, a town hall discussion on fathering with Deputy Mufti, and a parenting workshop to help parents navigate the challenging teenage years.

This year's Malay Muslim Fathering Month will culminate with the Father Proud Walk, an event which is expected to gather over 150 fathers and their families to celebrate the success of the initiative. The walk aims to showcase the fathers' commitment to increasing their involvement in their children's lives and fostering community support among one another.

- Follow www.facebook.com/bapasepanjanghayat for more details on the Malay Muslim Fathering Month activities.
- For more enquiries, please contact Eruandee Prayitna at eruandee@dadsforlife.sg or 88747947.

ANNEX A

See below for details of the activities.

Jamming With Dad	
31 August 2024 Keat Hong Community Club	The seventh season of Jamming With Dad provides a platform for fathers and their kids to bond together through music. The family comes together to pick a song, rehearse, and perform live.
Prawning With Dad	
7 September 2024 East Coast Parkway	Prawning With Dads will be a time fathers and children cherish and bond as dads and children work closely together to in prawning. A group of incarcerated fathers on tagging will also join in this activity together with their children.
Father-Child Go Karting	
8 September 2024 KF1 Karting Circuit	Fathers and children enjoy a day of adrenalin-filled go-karting activity!
Adventure With Dad	
14 September 2024 Dads Adventure Hub	Adventure With Dad provides a platform for fathers to bond with their pre-teens and teens through adventure learning on a rock wall, dark maze, and high elements. These challenges are designed to foster father-child interaction and communication.
Town Hall Discussion: Good Fathering with Deputy Mufti	
21 September 2024 Omar Kampung Melaka Mosque	In collaboration with M ³ @Jalan Besar, this townhall style discussion will touch on what it means to be a good father in Islam with Deputy Mufti Singapore Dr Mohammad Hannan Bin Hassan.
Navigating The Teen Years Workshop	
22 September 2024 Centre for Fathering Training Hub at Toa Payoh	The workshop provides parents with useful developmental information on what teenagers need from them to build confidence and resilience.

Father Proud Walk	
28 September 2024 Walk from Marina Bay Sands to the Merlion	The second edition of the Father Proud Walk event brings together 150 fathers, family members, friends, and community members to celebrate the essence of fatherhood and the importance of strong family bonds. This event aims to honour fathers and father figures, celebrating fatherhood, and fostering a sense of unit within our community. Dr Wan Rizal, Member for Parliament for Jalan Besar GRC, will be guest of honour for this walk
Bapa Sepanjang Hayat Cup	
29 September 2024 Homeground SG Pte Ltd	Forty-five teams are expected to participate in this futsal tournament featuring three categories: Youth (13yrs to 17 yrs) Open (13 yrs and above) Veterans (45 yrs and above)

About Centre for Fathering, DADs for Life and MUMs for Life

Centre for Fathering (CFF) is a non-profit organisation founded in 2000 to promote active and involved fathering and address issues caused by fatherlessness in Singapore. The organisation aims to turn the hearts of children towards their fathers by empowering more fathers to be better role models and an enduring inspiration to their children.

Since 2015, CFF has been the driving force for Singapore's nation-wide fathering movement – DADs for Life which seeks to inspire and mobilise fathers to become more involved with and a good influence to their children. Under the DADs for Life umbrella are initiatives such as Back to School with Dad, Eat With Your Family Day and Celebrating Fathers – to encourage fathers to spend time with their families and create a culture that promotes active fathering.

Launched on Mother's Day 2019, MUMs for Life is a ground-up movement to celebrate a mum's unique identity as a woman, daughter, wife and mother, whose key partner is DADs for Life because we believe that mums and dads play irreplaceable and complementary roles in parenting together.