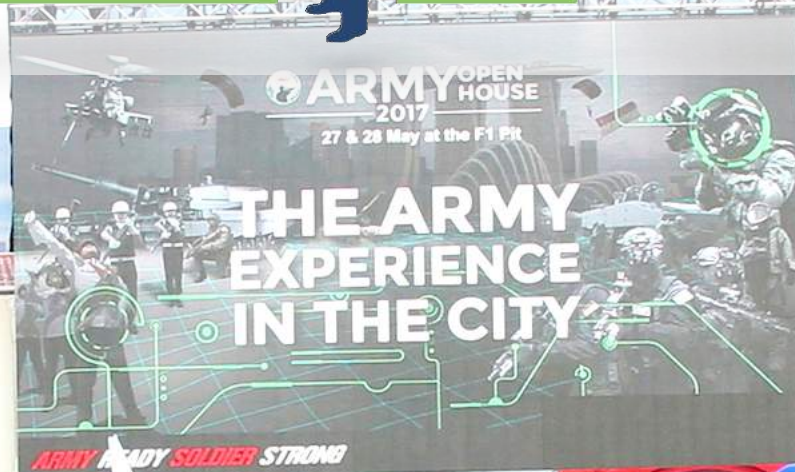


Centre for
FATHERING **DADs**
for Life



**ANNUAL
REPORT**
2017

**HONOURING
FATHERS FROM
GENERATION
TO GENERATION**

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PATRON	BOARD OF DIRECTORS	<i>Date of Appointment</i>	MANAGEMENT
Tan Chuan-Jin Speaker of Parliament Singapore	Ramlee Bin Buang <i>15/05/18 - Finance Chairperson</i>	01/03/07	Bryan Tan <i>01/08/16 - CEO</i>
HONORARY CHAIRMAN	Harris Chan	13/06/18	Lee Teck Hong <i>01/03/18 - Head, Programmes & Development</i>
Lim Soon Hock JP, PBM, BBM	Laura Hwang <i>15/05/18 - Nominations, Remuneration & Establishment Chairperson</i>	06/07/04	Yuen Chee Onn <i>Head, Engagement & Outreach</i>
SECRETARY	Muhd Imaduddin	01/01/18	Peter Quek <i>01/03/18 - Head, Governance & Research</i>
JDT Management Services Pte Ltd	Albert Lim	13/06/18	Connie Choy <i>Manager Corporate Services</i>
CHAIRMAN	Keith Magnus <i>15/05/18 - Fund-raising Chairperson</i>	01/01/18	
Richard Hoon <i>(12/05/09)</i>	Vikas Nahata	13/06/18	
	Lena Soh-Ng	09/07/15	
	Faye Ong	01/01/18	
	Ong Sim Ho <i>15/05/18 - Audit & Risk Management Chairperson</i>	18/01/17	
	Virginia Sipierye	01/10/09	
	Lawrence Teh	01/01/18	
	Jason Wong	01/10/13	



Greetings!

As Patron of the Centre for Fathering (CFF-DFL), I wish to thank the Board, staff and supporters of CFF-DFL movement for this critical work you do in affirming and empowering fathers to be present and engaged in our children's lives for life. I am privileged to stand with your effort to strengthen Singapore families in this way, as families form the foundational fabric of our community, and their well-being is vital for our nation to grow from strength to strength.

Tan Chuan-Jin
Speaker of Parliament



Chairman's Message

Dear friends,

2017 was an exhilarating year as we engaged with 281, 243 families through five

nationwide initiatives. We reached out to parents of new-borns, ex-convicts, families in distress and youths at risk and had equipped more than 13,000 fathers through running 175 programmes nationwide.

We are pleased that our current Patron, the former Minister for Social and Family Development, and now Speaker of Parliament, Mr Tan Chuan-Jin actively

participated in our Dads@Schools Forum 2017, and urged parents and leaders from the 53 schools present, to set up father groups to instil right values in our children. I am pleased to report that 20 schools have since enrolled in the programme, and the list is still growing.

It would like to highlight a particularly inspiring event where the fathers' group at Catholic High Primary School, chose to organize a father-child dinner meal delivery to many home-bound frail elderly in their communities. What a unique and creative way to bond with children and transmit the right values at the same time.

When the rest of the world was celebrating Mother's Day, we organised a "Paktor with Mom" campaign. We want Dads to understand that the best way to love their children is to continuously love their Moms. Children grow up better in a family where there is harmony amongst the parents.

But the highlight for 2017 was the Celebrating Fathers campaign. The month-long series of activities to celebrate the role of fathers and raise awareness of the importance of active and engaged fatherhood culminated with the Dads' Day Out carnival on Father's Day where 7,000 participants came to the new Mediacorp Campus for fun-filled day graced by various popular radio and TV personalities.



A special highlight was the Father's Day Handprint Pledge Wall where both father and child left their handprints alongside the Dad's promise to be a better dad. A Singapore Book of Record was set for this effort!

Part of the celebrations also included the inaugural Dads for Life Camp @ Army Open House 2017. The overnight camp saw 420 fathers and their children camping overnight at the iconic Singapore Flyer culminating in the next morning where the families joined them for a Family Route March around the Esplanade Park and thereafter participating in the various family activities organized by the army.



In October, we presented together with the Yong Siew Toh Conservatory of Music

a charity concert entitled "The Gift of Wings" to thank our supporters. It was an enchanting evening of modern classics performed with the renowned T'ang Quartet to entertain our audience which included our Guest-of-Honour, Associate Prof Muhammad Faishal Ibrahim, Senior Parliamentary Secretary, Ministry of Social and Family Development & Ministry of Education.

We also partnered with the Association of Muslim Professionals (AMP) to organise a seminar to address the impact of absent fathers on families. The event was graced by the Mufti of Singapore, Dr Mohamed Fatris bin Bakaram, who advocated for our active Fathering cause and launched a book entitled "10 Inspiring Fathers - Inspirational Stories of Love & Sacrifice of Everyday Fathers."

Frequency of "Eat with your Family Day" had been increased to four times per year, on the last Friday of each school term, so as to further encourage organizations to institute more family-friendly work practices by allowing employees to leave work an hour earlier every quarter to enjoy a meal with their families.

All in all, it has been a hectic but very fulfilling year for us at the Centre for Fathering-Dads for Life as we endeavour together to help eradicate fatherlessness in Singapore! This journey is far from over but we are progressing in the right direction!

Richard Hoon
Centre for Fathering & Dads-for-Life

Key 2017 Milestones

- Forged new partnerships with ISCOS & AGAPE to increase engagement of incarcerated fathers and help them strengthen the relationships with their families through CFF fathering workshops.
- Established new partnerships with MUIS and PPIS to deepen engagement and run more fathering programmes for a larger pool of beneficiaries in the Malay-Muslim community.
- Partnered Singapore Prison Service to run ICAN workshops for their pre-release Malay-Muslim inmates in March to equip them with confidence to reconcile with their children & families.
- Partnered IMDA in April, alongside with People's Association (PA), Science Centre Singapore and Home-Fix, for the National Digital Maker Programme to minimize the digital divide in the homes by running digital making workshops for parent/father groups in schools.
- Partnered PA in their community initiative, Embracing Parenthood Movement in April, through weekly roadshows in the community to distribute newborn gifts and provide parenting advice, with a targeted annual reach of 40,000 families.
- Partnered Northland Primary School, Queenstown Primary School, Hougang Secondary School, Catholic High School, Singapore Chinese Girls' School and Dads@HomeSchool SG for a pilot initiative, "Paktor with Mummy" in May, for fathers to honour and date their wives in commemoration of Mother's Day.
- Partnered MINDEF in running the first DFL camp for 210 father-child pairs in May, in conjunction with the NS50 Army Open House, for fathers to bond and relive their army days with their children.





Vision & Mission



**Every child
needs a dad they
can count on**

The research is clear – children thrive with an involved father – someone who loves, knows, guides and helps them achieve their destiny.

We inspire and equip men to be the fathers their children need.

VISION & MISSION

Turning the hearts of children towards their fathers by empowering more fathers to be better role models and an enduring inspiration to their children.

ABOUT CENTRE FOR FATHERING

For over 17 years, Centre for Fathering (CFF) has helped countless fathers and their families; through our father-child experiential workshops and programmes conducted in schools, prisons, religious organisations and companies.

Centre for Fathering also champions the Dads for Life Movement, that came under our wing in 2015, to inspire and involve fathers to be good influencers in their children's lives... for LIFE.

This movement seeks to mobilise fathers to **ACT**:

- ★ Be Aware of the importance of a father's role
- ★ Commit to be good fathers and role models to their children
- ★ Spend Time, acquire Tools and bring Transformation to lives

Year in Brief 2017



Dads Day Out



Daddy Cool
Futsal

**8 DFL
Engagement
Outreaches
8,000
Participants**



Malay
Muslim
Forum



Fun in the
Sun

Year in Brief 2017

Adventure
Camp with Dad &
Father-Child
Experiential
Workshop

19 Sessions
226 Pairs



ICAN – A
Fathering
Workshop

16 Sessions
163 Participants



Dads@
School
Forum



DFL Camp
(Army Open
House)

1 Session
210 Pairs

Other Workshops
and Programmes

137
Sessions
4,590
Participants



Gift of Wings and
Appreciation
Evening



175
Programme
Sessions
5,863
Participants



180 CFF-DFL Events and Programmes
13,831 participants



Back to School
with Dad

37 Schools
26,297
Families

5
National Events
281,243
Participating
Families



Eat with
Your Family

572
Organisations
220,846
Families



Celebrating
Fathers

Campaign
Reach
1.5 Million



Paktor with
Mom

10 Schools,
2000 Families

Children's Day

Campaign Reach
6,100



Shared Parenting & Other Talks

15 Sessions, 659 Participants



"...the tip on spending one-on-one time with each child (was) useful. I will try it with my children..."

Mr Teo Nguan Seng, Head of
Portfolio Compliance, APAC

Shared Parenting Talk at Schroders

"As a working mother, I appreciate the tip on creating a buffer zone between the workplace and the home, especially making sure that you return from work with the right frame of mind..."

Ms Rivka Mellor-Bessant, General
Counsel, APAC

Shared Parenting Talk at Schroders



Conversation with Our Patron Mr Tan Chuan-Jin

CFF-DFL was invited into the Speaker's Chambers in Parliament House to interview Mr Tan Chuan-Jin. He spoke about his personal experiences with his father, and his own experience as a father to his two children, the things he cherishes and hopes to pass on to them, as well as to fathers and young Singaporeans today.

Growing Up Years

"From young, I can remember running, doing the shot put and triple jump in primary school," Mr Tan said. "I remember my dad was coaching me at the park for some of these events because he was doing all sorts of different sports when he was in his school days."

His father was a clerk-turned-accountant, while his mother was a schoolteacher. Mr Tan recalls going running together with his dad in those early years of his life. Another deep memory had to do with doing household chores, and taking on responsibilities in the home. "That left an imprint," said Mr Tan.

Many of these elements of his relationship with his father are reflected in his own experience as a dad today. Mr Tan and his son, who is 16, enjoy running together.

Mr Tan said, "When I was young I guess my father was around my age now... you see the parallel in the passage of time...and think to yourself, the same thing is happening to me right now! ...it makes one suddenly feel 'older'... think about who you are and what kind of father you have been and can be."

Values - Passing the Torch

Some of the values that the Speaker grew up with, especially with regards to domestic responsibility, have also been passed down to his children.

"There's a certain value that comes from doing some of your own chores, with kids cleaning up their own shoes, or sorting out

belongings and packing up their own room. That's something that keeps us grounded. In terms

of what my dad did, I

think that had left quite an impression."

Values for Our Children

It is clear that Mr Tan prioritises developing his children to be the best version of themselves. Developing self knowledge, sound values and the right attitude will set them up for success and happiness.

"Helping our children learn about the measurements of success - defining how one is successful is important. It is about us learning our place in life, and just seeking to do well and just being diligent!"

"Another thing that I feel quite strongly about is being involved in society and giving back, reaching out to others."

At 20, his daughter (now studying in university) initiated an effort to bring some of her fellow university students to Pathlight to learn about people with autism, as well as to help Pathlight students be involved in giving back.

Last Word

The Speaker takes heart that there seem to be more active dads these days. He believes that when we spend time with our children, it makes a world of difference to them.

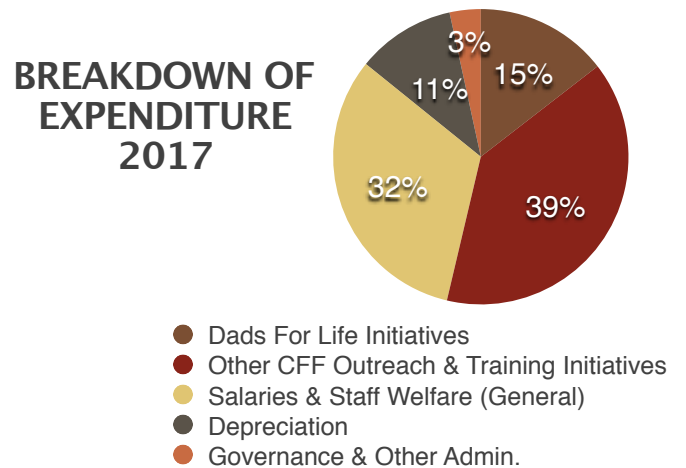
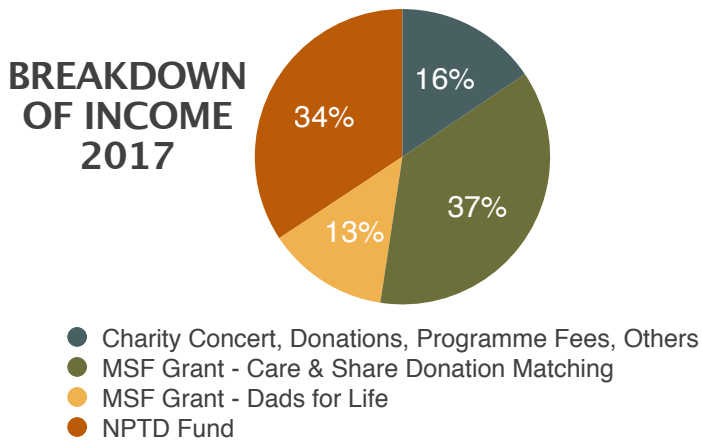
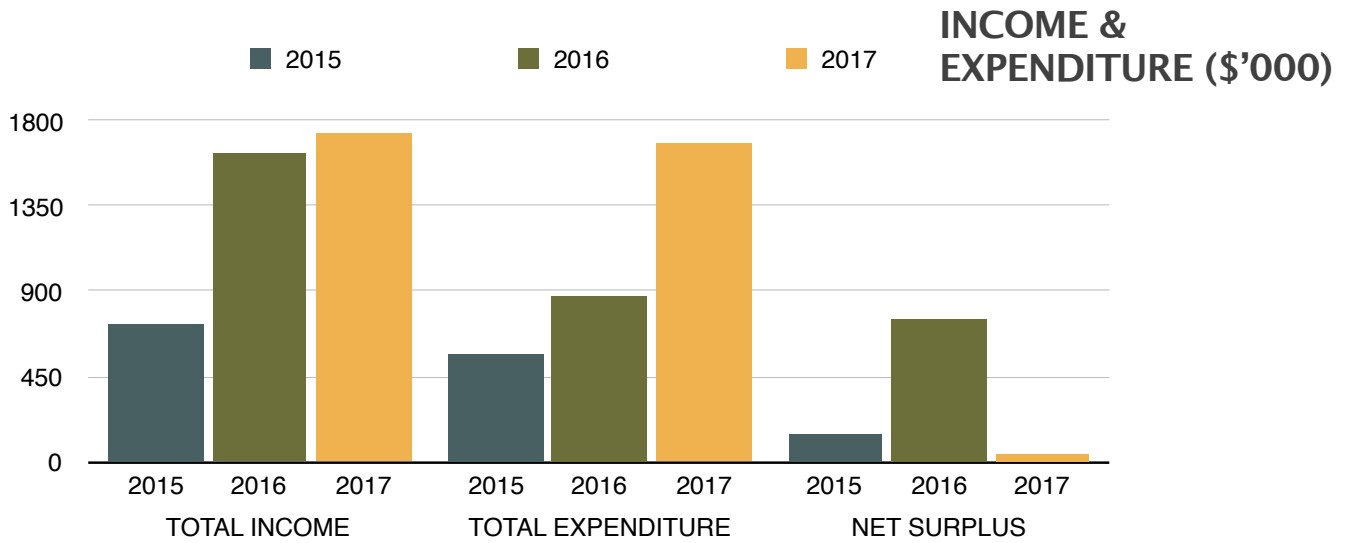
"Clearly, what our children really want is our presence, for us to be there, sharing our thoughts, imparting ideas and doing things together. It is through these contacts that many different types of learning and bonding occur."

**We must
be present as
much as we can.**

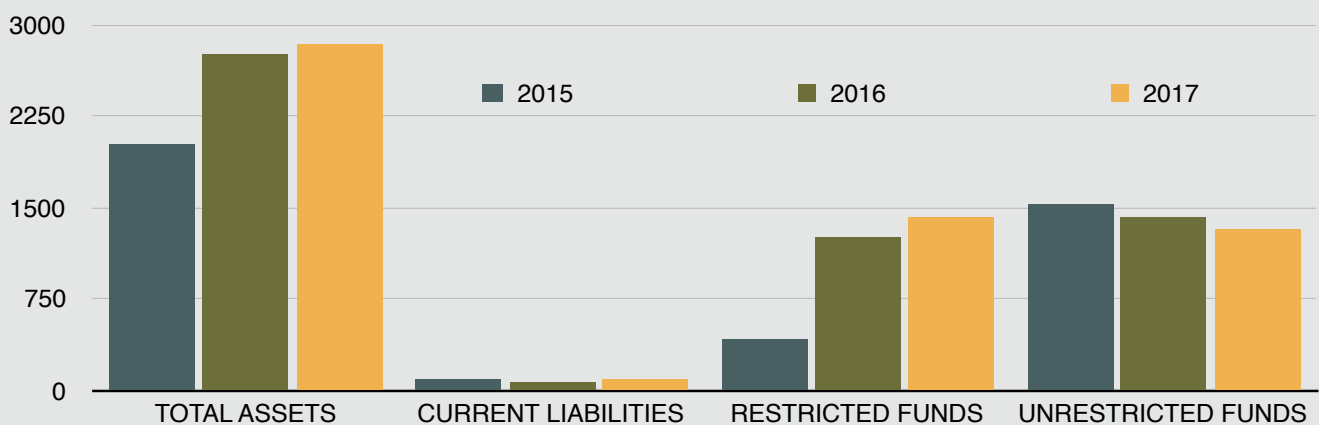
Tan Chuan-Jin



Financial Summary



BALANCE SHEET (\$'000)



FN: Total Funds = Restricted Funds + Unrestricted Funds + Current Liabilities

Our 2 Prong Strategy Approach

Deliver Empowering Programmes that Help Families in Need

with a special focus on:

- Incarcerated Fathers
- Underprivileged Families
“At Risk” Youths
- Other Special Communities

Grow Awareness through National Campaigns and Initiatives

- Back to School with Dad
- Paktor with Mom
- Celebrating Fathers
- Eat with Your Family Day
- Children’s Day

Our Major Sponsors in 2017

Far East Organisation
Grace Shua Jacob Ballas
Charitable Trust
Kwan Im Thong Hood Cho Temple
Lee Foundation Singapore
NTUC FairPrice Foundation Ltd
Ong Foundation
Pricewaterhouse Coopers LLP
Rubina Watch Company Pte Ltd
Singapore Pools

Singapore Telecommunications Ltd
TOUCH Community Services
Benjamin Ng
Johann Heinrich Jessen
Kwan Siew Mun
Lee Jhong Seuk
Mabelin Anderson
Tow Heng Tan
Vikas Nahata
Wong Seng Yoong



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