ANNUAL REPORT 2017

HONOURING FATHERS FROM GENERATION TO GENERATION
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PATRON
Tan Chuan-Jin
Speaker of Parliament Singapore

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JP, PBM, BBM

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JDT Management Services Pte Ltd

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(12/05/09)

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Connie Choy
Manager Corporate Services
Dear friends,

2017 was an exhilarating year as we engaged with 281,243 families through five nationwide initiatives. We reached out to parents of new-borns, ex-convicts, families in distress and youths at risk and had equipped more than 13,000 fathers through running 175 programmes nationwide.

We are pleased that our current Patron, the former Minister for Social and Family Development, and now Speaker of Parliament, Mr Tan Chuan-Jin actively participated in our Dads@Schools Forum 2017, and urged parents and leaders from the 53 schools present, to set up father groups to instil right values in our children. I am pleased to report that 20 schools have since enrolled in the programme, and the list is still growing.

I would like to highlight a particularly inspiring event where the fathers' group at Catholic High Primary School, chose to organize a father-child dinner meal delivery to many home-bound frail elderly in their communities. What a unique and creative way to bond with children and transmit the right values at the same time.

Patron’s Message

Greetings!

As Patron of the Centre for Fathering (CFF–DFL), I wish to thank the Board, staff and supporters of CFF–DFL movement for this critical work you do in affirming and empowering fathers to be present and engaged in our children’s lives for life. I am privileged to stand with your effort to strengthen Singapore families in this way, as families form the foundational fabric of our community, and their well-being is vital for our nation to grow from strength to strength.

Tan Chuan-Jin
Speaker of Parliament
When the rest of the world was celebrating Mother’s Day, we organised a “Paktor with Mom” campaign. We want Dads to understand that the best way to love their children is to continuously love their Moms. Children grow up better in a family where there is harmony amongst the parents.

But the highlight for 2017 was the Celebrating Fathers campaign. The month-long series of activities to celebrate the role of fathers and raise awareness of the importance of active and engaged fatherhood culminated with the Dads’ Day Out carnival on Father’s Day where 7,000 participants came to the new Mediacorp Campus for fun-filled day graced by various popular radio and TV personalities.

A special highlight was the Father’s Day Handprint Pledge Wall where both father and child left their handprints alongside the Dad’s promise to be a better dad. A Singapore Book of Record was set for this effort!

Part of the celebrations also included the inaugural Dads for Life Camp @ Army Open House 2017. The overnight camp saw 420 fathers and their children camping overnight at the iconic Singapore Flyer culminating in the next morning where the families joined them for a Family Route March around the Esplanade Park and thereafter participating in the various family activities organized by the army.

In October, we presented together with the Yong Siew Toh Conservatory of Music a charity concert entitled “The Gift of Wings” to thank our supporters. It was an enchanting evening of modern classics performed with the renowned T’ang Quartet to entertain our audience which included our Guest-of-Honour, Associate Prof Muhammad Faishal Ibrahim, Senior Parliamentary Secretary, Ministry of Social and Family Development & Ministry of Education.

We also partnered with the Association of Muslim Professionals (AMP) to organise a seminar to address the impact of absent fathers on families. The event was graced by the Mufti of Singapore, Dr Mohamed Fatris bin Bakaram, who advocated for our active Fathering cause and launched a book entitled “10 Inspiring Fathers—Inspirational Stories of Love & Sacrifice of Everyday Fathers.”

Frequency of “Eat with your Family Day” had been increased to four times per year, on the last Friday of each school term, so as to further encourage organizations to institute more family-friendly work practices by allowing employees to leave work an hour earlier every quarter to enjoy a meal with their families.

All in all, it has been a hectic but very fulfilling year for us at the Centre for Fathering-Dads for Life as we endeavour together to help eradicate fatherlessness in Singapore! This journey is far from over but we are progressing in the right direction!

Richard Hoon
Centre for Fathering & Dads-for-Life
Forged new partnerships with ISCOS & AGAPE to increase engagement of incarcerated fathers and help them strengthen the relationships with their families through CFF fathering workshops.

Established new partnerships with MUIS and PPIS to deepen engagement and run more fathering programmes for a larger pool of beneficiaries in the Malay-Muslim community.

Partnered Singapore Prison Service to run ICAN workshops for their pre-release Malay-Muslim inmates in March to equip them with confidence to reconcile with their children & families.

Partnered IMDA in April, alongside with People’s Association (PA), Science Centre Singapore and Home-Fix, for the National Digital Maker Programme to minimize the digital divide in the homes by running digital making workshops for parent/father groups in schools.

Partnered PA in their community initiative, Embracing Parenthood Movement in April, through weekly roadshows in the community to distribute newborn gifts and provide parenting advice, with a targeted annual reach of 40,000 families.

Partnered Northland Primary School, Queenstown Primary School, Hougang Secondary School, Catholic High School, Singapore Chinese Girls’ School and Dads@HomeSchool SG for a pilot initiative, “Paktor with Mummy” in May, for fathers to honour and date their wives in commemoration of Mother’s Day.

Partnered MINDEF in running the first DFL camp for 210 father–child pairs in May, in conjunction with the NS50 Army Open House, for fathers to bond and relive their army days with their children.
Vision & Mission

Every child needs a dad they can count on

The research is clear – children thrive with an involved father – someone who loves, knows, guides and helps them achieve their destiny.

We inspire and equip men to be the fathers their children need.

VISION & MISSION

Turning the hearts of children towards their fathers by empowering more fathers to be better role models and an enduring inspiration to their children.

ABOUT CENTRE FOR FATHERING

For over 17 years, Centre for Fathering (CFF) has helped countless fathers and their families; through our father-child experiential workshops and programmes conducted in schools, prisons, religious organisations and companies.

Centre for Fathering also champions the Dads for Life Movement, that came under our wing in 2015, to inspire and involve fathers to be good influencers in their children’s lives... for LIFE.

This movement seeks to mobilise fathers to ACT:

★ Be Aware of the importance of a father’s role
★ Commit to be good fathers and role models to their children
★ Spend Time, acquire Tools and bring Transformation to lives
Year in Brief 2017

- Dads Day Out
  - Daddy Cool
  - Futsal
  - Malay Muslim Forum

8 DFL Engagement Outreaches
8,000 Participants

Fun in the Sun
Year in Brief 2017

Adventure Camp with Dad & Father-Child Experiential Workshop
- 19 Sessions
- 226 Pairs

ICAN – A Fathering Workshop
- 16 Sessions
- 163 Participants

Dads@ School Forum

Other Workshops and Programmes
- 137 Sessions
- 4,590 Participants

DFL Camp (Army Open House)
- 1 Session
- 210 Pairs

Gift of Wings and Appreciation Evening

175 Programme Sessions
- 5,863 Participants

137 Sessions
- 4,590 Participants

5,863 Participants
Mr Teo Nguan Seng, Head of Portfolio Compliance, APAC

As a working mother, I appreciate the tip on creating a buffer zone between the workplace and the home, especially making sure that you return from work with the right frame of mind…

Ms Rivka Mellor-Bessant, General Counsel, APAC

“…the tip on spending one-on-one time with each child (was) useful. I will try it with my children…”

Mr Teo Nguan Seng, Head of Portfolio Compliance, APAC

Shared Parenting Talk at Schroders
CFF–DFL was invited into the Speaker’s Chambers in Parliament House to interview Mr Tan Chuan–Jin. He spoke about his personal experiences with his father, and his own experience as a father to his two children, the things he cherishes and hopes to pass on to them, as well as to fathers and young Singaporeans today.

Growing Up Years
“From young, I can remember running, doing the shot put and triple jump in primary school,” Mr Tan said. “I remember my dad was coaching me at the park for some of these events because he was doing all sorts of different sports when he was in his school days.”

His father was a clerk–turned–accountant, while his mother was a schoolteacher. Mr Tan recalls going running together with his dad in those early years of his life. Another deep memory had to do with doing household chores, and taking on responsibilities in the home. “That left an imprint,” said Mr Tan.

Many of these elements of his relationship with his father are reflected in his own experience as a dad today. Mr Tan and his son, who is 16, enjoy running together.

Mr Tan said, “When I was young I guess my father was around my age now… you see the parallel in the passage of time…and think to yourself, the same thing is happening to me right now! …it makes one suddenly feel ‘older’… think about who you are and what kind of father you have been and can be.”

Values – Passing the Torch
Some of the values that the Speaker grew up with, especially with regards to domestic responsibility, have also been passed down to his children.

“There’s a certain value that comes from doing some of your own chores, with kids cleaning up their own shoes, or sorting out belongings and packing up their own room. That’s something that keeps us grounded. In terms of what my dad did, I think that had left quite an impression.”

Values for Our Children
It is clear that Mr Tan prioritises developing his children to be the best version of themselves. Developing self knowledge, sound values and the right attitude will set them up for success and happiness.

“Helping our children learn about the measurements of success – defining how one is successful is important. It is about us learning our place in life, and just seeking to do well and just being diligent!”

“Another thing that I feel quite strongly about is being involved in society and giving back, reaching out to others.”

At 20, his daughter (now studying in university) initiated an effort to bring some of her fellow university students to Pathlight to learn about people with autism, as well as to help Pathlight students be involved in giving back.

Last Word
The Speaker takes heart that there seem to be more active dads these days. He believes that when we spend time with our children, it makes a world of difference to them.

“We must be present as much as we can.”

Tan Chuan–Jin
### Financial Summary

#### INCOME & EXPENDITURE ($’000)

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<th>Year</th>
<th>Total Income</th>
<th>Total Expenditure</th>
<th>Net Surplus</th>
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<tr>
<td>2017</td>
<td>1800</td>
<td>1800</td>
<td>0</td>
</tr>
</tbody>
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#### BREAKDOWN OF INCOME 2017

- Charity Concert, Donations, Programme Fees, Others: 34%
- MSF Grant - Care & Share Donation Matching: 16%
- MSF Grant - Dads for Life: 13%
- NPTD Fund: 37%

#### BREAKDOWN OF EXPENDITURE 2017

- Dads For Life Initiatives: 32%
- Other CFF Outreach & Training Initiatives: 15%
- MSF Grant - Care & Share Donation Matching: 3%
- Salaries & Staff Welfare (General): 34%
- Depreciation: 11%
- Governance & Other Admin.: 39%

#### BALANCE SHEET ($’000)

- Total Assets: $2250
- Current Liabilities: $0
- Restricted Funds: $1500
- Unrestricted Funds: $750

FN: Total Funds = Restricted Funds + Unrestricted Funds + Current Liabilities
Our 2 Prong Strategy Approach

**Deliver Empowering Programmes that Help Families in Need**
with a special focus on:

- Incarcerated Fathers
- Underprivileged Families
  “At Risk” Youths
- Other Special Communities

**Grow Awareness through National Campaigns and Initiatives**

- Back to School with Dad
- Paktor with Mom
- Celebrating Fathers
- Eat with Your Family Day
- Children’s Day

Our Major Sponsors in 2017

Far East Organisation
Grace Shua Jacob Ballas
Charitable Trust
Kwan Im Thong Hood Cho Temple
Lee Foundation Singapore
NTUC FairPrice Foundation Ltd
Ong Foundation
Pricewaterhouse Coopers LLP
Rubina Watch Company Pte Ltd
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Singapore Telecommunications Ltd
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